## The Messenger

A Community of Faith Dedicated to
Spreading the Good News of Jesus Christ,
Providing Spiritual Nurture to Persons of All Ages,
and Reaching Out in Christian Fellowship to the Surrounding Community



March 2024
Volume 24—Issue 3

Pastor's Column
Bible Readings
Church Calendar
Youth Group
Bible Buddies
Faith Community Nurse
United Women in Faith
Women's Ministry
Crossword Puzzle
Just for Kids

## Barnum Community United Methodist Church

PO Box 70, 3762 Front Street, Barnum, MN 55707 (218) 389-6876 office@barnumumc.org

Pastor: Kendall Carlson Office Hours (Mon-Fri)

#### **Sunday Worship**

- WMOZ 106.9 FM 8:00 am
- Facebook Live 9:30 am
- Moose Lake Public Access
   Channels 7 & 18
   (check your TV Guide for times)

## **Pastor Kennection**

#### We Do Have a King

Generally speaking, Americans don't like kings. In fact our dislike of kings became a primary reason this country came into existence, so somewhere in our DNA is an aversion to kings. For many, when they hear "king", one or two images come to mind. The first is of a distant tyrant across the ocean who mistreats people and taxes their tea. The second image is that of a now-meaningless figurehead, a historical office held over from the past that no longer wields any real power.

But when we speak of Jesus Christ as our King, we are not alluding to either tyrant or a figurehead, or even a benevolent king who rules for a season. We are instead speaking of a perfect, righteous, and loving King, one absolutely sovereign in His authority and eternal in His reign.

In both the Old and New Testaments we find explicit reference to Jesus the Messiah as being king. The angel Gabriel, when he announced to Mary that she would give birth to Jesus, said in Luke 1:32,33 that He would be of the lineage of King David, appointed to the throne of God the Father to reign over an eternal Kingdom. Elsewhere, Jesus is referred to as "King of the Jews" (Matthew 1:2), the "King of Israel" (Mark 15:32), the "blessed and only Sovereign" (1 Timothy 6:15) and "King of Kings and Lord of Lords" (Revelation 19:16). Even the term Lord, used so often of Jesus, speaks of supreme power and authority.

Ephesians 1:20-22 tells us that Jesus is now seated at the Father's right hand in heavenly places, "far above all rule and authority and power and dominion, and above every name that is named, not only in this age but also in the one to come."

Friends, we have a King, and His name is Jesus. And He is not just A king but The king, the King of Kings, with authority and dominion over all things. Our Lenten journey and Easter Sunday celebration this year will be focused on King Jesus. Join us in the journey through March.

In it with you,

Pastor Kendall



Sun	Mon	Tue	Wed	Thu	Sat	
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8:00 Radio Program WMOZ 106.9 FM 9:30 Worship Service 11:00 Adult Class	4	5 11:00 Prayer Group	6 10:00 Holy Fika 5:15 Community Dinner 6-7:00 WOW Worship 6-7:15 Bible Buddies 6-7:30 Youth Group 6-7:15 Women's Bible Study	7	8	9 10:00-11:30 Sister to Sister Time
10 DAY LIGHT SAV- INGS 8:00 Radio Program WMOZ 106.9 FM 9:30 Worship Service Table Sunday 11:00 Adult Class	1:00 Moms in Prayer 6:30 Council Mtg 5-8:00 Youth Group Movie (7th-12th)	12 11:00 Prayer Group	13 10:00 Holy Fika 1:30-3:00 United Women In Faith 5:15 Community Dinner 6-7:00 WOW Worship 6-7:15 Bible Buddies 6-7:30 Youth Group 6-7:15 Women's Bible Study	14	15	16
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HOLY WEEK	HOLY WEEK	HOLY WEEK	6:30 "HIStory" Movie Night HOLY WEEK	HOLY WEEK	HOLY WEEK	HOLY WEEK
31 EASTER SUNDAY 8:00 Radio Program WMOZ 106.9 FM 9:30 Worship Service 11:00 Adult Class						

<sup>\*\*</sup> Schedule subject to change.



Sun	Mon	Tue	Wed	Thu	Fri	Sat
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<sup>\*\*</sup> Schedule subject to change.

## **Daily Nourishment**



## OLD & NEW TESTAMENT

#### CHRONOLOGICAL

Mar 1: Num 20-22; Mark 7:1-13
Mar 2: Num 23-25; Mark 7:14-37
Mar 3: Num 26-28; Mark 8
Mar 4: Num 29-31; Mark 9:1-29
Mar 5: Num 32-34; Mark 9:30-50
Mar 6: Num 35-36; Mark 10:1-31
Mar 7: Deut 1-3; Mark 10:32-52
Mar 8: Deut 4-6; Mark 11:1-18
Mar 9: Deut 7-9; Mark 11:19-33
Mar 10: Deut 10-12; Mark 12:1-27
Mar 11: Deut 13-15; Mark 12:28-44
Mar 12: <u>Deut 16-18; Mark 13:1-20</u>
Mar 13: Deut 19-21; Mark 13:21-37
Mar 14: <u>Deut 22-24; Mark 14:1-26</u>
Mar 15: Deut 25-27; Mark 14:27-53
Mar 16: Deut 28-29; Mark 14:54-72
Mar 17: <u>Deut 30-31; Mark 15:1-25</u>
Mar 18: Deut 32-34; Mark 15:26-47
Mar 19: <u>Josh 1-3; Mark 16</u>
Mar 20: <u>Josh 4-6; Luke 1:1-20</u>
Mar 21: <u>Josh 7-9; Luke 1:21-38</u>
Mar 22: <u>Josh 10-12; Luke 1:39-56</u>
Mar 23: <u>Josh 13-15; Luke 1:57-80</u>
Mar 24: <u>Josh 16-18; Luke 2:1-24</u>
Mar 25: <u>Josh 19-21; Luke 2:25-52</u>
Mar 26: <u>Josh 22-24; Luke 3</u>
Mar 27: <u>Jud 1-3; Luke 4:1-30</u>
Mar 28: <u>Jud 4-6; Luke 4:31-44</u>
Mar 29: <u>Jud 7-8; Luke 5:1-16</u>
Mar 30: <u>Jud 9-10; Luke 5:17-39</u>
Mar 31: <u>Jud 11-12; Luke 6:1-26</u>

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Mar 1: Num 14-15; Ps 90
Mar 2: Num 16-17
Mar 3: Num 18-20
Mar 4: Num 21-22
Mar 5: Num 23-25
Mar 6: Num 26-27
Mar 7: Num 28-30
Mar 8: Num 31-32
Mar 9: Num 33-34
Mar 10: Num 35-36
Mar 11: Deut 1-2
Mar 12: Deut 3-4
Mar 13: Deut 5-7
Mar 14: Deut 8-10
Mar 15: Deut 11-13
Mar 16: Deut 14-16
Mar 17: Deut 17-20
Mar 18: Deut 21-23
Mar 19: Deut 24-27
Mar 20: Deut 28-29
Mar 21: Deut 30-31
Mar 22: Deut 32-34; Ps 91
Mar 23: Josh 1-4
Mar 24: Josh 5-8
Mar 25: Josh 9-11
Mar 26: Josh 12-15
Mar 27: Josh 16-18
Mar 28: Josh 19-21
Mar 29: Josh 22-24
Mar 30: Jud 1-2
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3 Separth



The Barnum Youth Group kicked off this time with an epic Nerf fight and we didn't break anything! As we were picking up from the evening, all the kids wanted to know when we could do it again. We are storing the Nerf guns for awhile, but we do have some great events planned for March. This month is also Spring Break for students and we have things planned for Moose Lake/Willow River students and a number of things planned for the Barnum Spring Break.

Recently we had a student come back to youth group after they had been gone for a couple months. They opened the door and exclaimed, "Oh my, it's packed in here!" She was shocked at how many students there were. It's so exciting to see youth choosing to make Barnum Community Church a place they feel safe coming to and that Barnum Youth Group is a lot of fun. Please pray for these students and our events because they are the perfect opportunity for new students to give youth group a try. Let's get ready for the madness. Honestly, I can't wait!

Please also enjoy the photo of our February art project, the "Love" poster. The poster is currently hanging in church.



Friday, March 22<sup>nd</sup> Spring Break Party 2-8pm

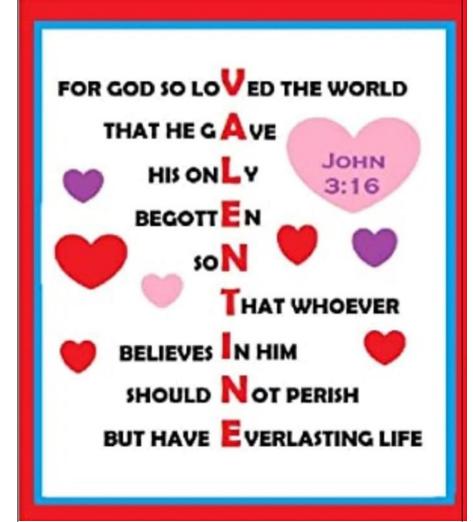
Monday, March 25<sup>th</sup> Minecraft Night 5-8pm

Wednesday, March 27<sup>th</sup>
HIS Story Movie Night with
Barnum Community Church
(Youth will be serving popcorn, pop
and water to everyone who attends)

## Wednesday Bible Buddies For four-year-olds through sixth grade







The Bible Buddies enjoyed Valentine festivities on February 14<sup>th</sup> at our Wednesday night time together. We decorated the bulletin board with hearts, sang songs about Jesus' love, played games, and sampled treats.

During the next few weeks, we will be learning about Holy Week – Palm Sunday and the events that led up to Easter.

The children have started practicing their Hosanna praise songs.

## You are invited to a Ladies Spring Brunch

Saturday, May 11th, 9:30 to 11:30 am. at Barnum Community Church



Gaye Hanson is a nationally known motivational speaker.
Her love for Jesus comes alive in her dynamic, enthusiastic

and exciting sharing. Join us to be encouraged and go away blessed.

Tickets will be available for \$10.00 each or host a table of 8 for \$80.00. Purchase your tickets starting on March 31st.

For more information call the church office, 218-389-6876

Mary Hagen will be

sharing some beautiful, relaxing music on her harp.



Free childcare is available for children 6 and under with reservation.

## "Come meet the KING"

Easter Egg Hunt - 12:00 noon, March 23rd

Palm Sunday Service - 9:30 a.m. Sunday, March 24th

Easter Community Dinner - 5:30 p.m. Wednesday, March 27th

HIStory Movie Night - 6:30 p.m. Wednesday, March 27th

Maundy Thursday "Lord's Table Tent" Service - 6:30 p.m. Thurs, March 28th

Good Friday "Crossroads Service" - 6:30 p.m. Friday, March 29th

Easter Sunday Celebration, March 31st

"Hoppy Hour" - Smorgasbord of Stuffed Eggs and Rolls - 8:00 a.m. to 9:00 a.m.
"Resurrection Celebration" Service - 9:30 a.m.

**Barnum Community Church** 

In the heart of downtown Barnum

# Easter Egg Hunt Saturday, March 23rd Start time - 12 noon sharp Barnum Elementary School playground 2 yrs - 12 yrs

Kids will be grouped by age and for safety reasons only kids will be allowed on the Egg Hunt field.

We will have helpers on the field to help with all ages.





## Barnum Community Church Ark Encounter and Creation Museum Bus Trip 14 April - 18 April

We will be leaving about noon on April 14th and returning in the evening on April 18th.

Cost of trip is \$648.00 per person. Add On - BB Riverboat Sightseeing Cruise - \$30.00

We will be traveling by coach bus from Minnesota Coaches.

Registration and info sheets are on the "Information Counter"

Registration deadline is March 24th or when registration hits 44.

# Wellness

### March 2024 Health and Wellness Moment

### "Myeloma Awareness"

I pray everyone is doing well and enjoying the spring-like weather we've been having! There are so many Health Awareness topics for the month of March, and it was hard to decide which to focus this month's newsletter on. I have chosen one especially close to my heart as an Oncology Certified RN - March is Myeloma Awareness Month.

It is common for people to hear of the condition multiple myeloma and confuse it with melanoma. The truth is, they do sound incredibly similar. However, these two types of cancer are really quite different from one another. Melanoma is a type of skin cancer, while multiple myeloma is a cancer of the bone marrow and plasma cells of the blood (plasma cells are a type of white blood cell that produces antibodies). Multiple myeloma is the second most common blood cancer in the world, and the most prevalent among people of African descent. Multiple myeloma is also commonly referred to as plasma cell myeloma or just myeloma. Many cancers are linked to risk factors in our day to day lives, but multiple myeloma does not seem to be linked to avoidable lifestyle factors, so there is no known way to prevent multiple myelomas from developing. Multiple myeloma is not considered a hereditary disease, but there seem to be some genetic factors that make some people more susceptible to getting this condition. Although it seems to be a rare disease, men are more commonly diagnosed with multiple myeloma than women, and it is most frequently diagnosed in people between 65-74 years of age.

Cancer starts when cells begin to grow out of control. Cells in almost any part of the body can become cancer, and this cancer can spread to other areas of the body. Multiple myeloma is a cancer of plasma cells. Normal plasma cells are found in the bone marrow and are an important part of the immune system. When plasma cells in the bone marrow grow out of control, such as in multiple myeloma, these unhealthy cells can crowd out the normal blood-forming cells that are also in the bone marrow. Some health issues related to multiple myeloma can be:

- ~anemia low red blood cells, which can cause fatigue and weakness
- ~thrombocytopenia low platelets, which can cause increased bleeding and/or bruising
- ~leukopenia low white blood cells, which can cause problems with fighting infections
- ~weak and brittle bones, elevated calcium in the blood
- ~kidney problems

Catching cancer early often allows for more treatment options. If you have any questions or concerns regarding multiple myeloma or the symptoms above, please contact your healthcare provider right away! And please remember, we are all uniquely made by our loving God, each of us is special and one-of-a-kind! What holds true for one of us can be quite different for someone else. Please just talk to your doctor with any health concerns or questions at all. They want to be there for you!

May the Lord bless you all during this Season of Lent, and may He guide and protect us all as we look forward to celebrating His loving death and glorious resurrection this Easter!

Resources: cancer.gov "Cancer Stat Facts: Myeloma"

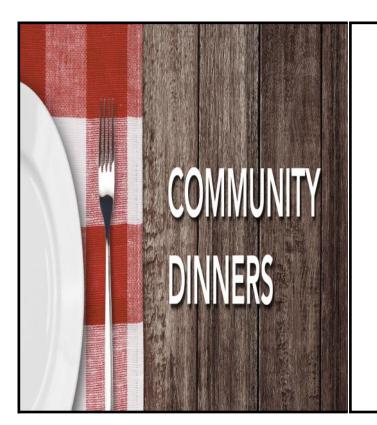
"He is not here; He has risen, just as He said. Come and see the place where He lay." Matthew 28:6

Prayers for peace, joy and good health, and just a reminder...you are uniquely YOU by HIS design! Jenny S., RN, BCUMC Parish Nurse



United Women in Faith will meet March 13, at 1:30 at the church. We will be discussing pages 77-83 in our study book, "Life on Purpose for Women". Judy Jacobs will be the hostess. All women of the church are invited to join us.

Attention: Youth, Teens and Parents. Summer will be here before you know it! We have received camping information from Grindstone Lake Bible Camp in Sandstone and from Camp Ministry of the United Methodist Church (camps in Paynesville, Park Rapids and Ely MN) We should receive information from Covenant Park in Mahtowa soon or you may visit their website at <a href="covenantpark.org">covenantpark.org</a>. Many camps offer incentives for early registration. Our church wants to encourage all young people to attend camp by offering a 50% refund after you have registered. Please feel free to contact Sandy Ferguson if you have any questions or would like more information.



Join us for Community Dinner & Family Night

March 6, 13, 20, 27

5:15 Community Dinner 6:00 Youth Group 7th-12th 6:00 Bible Buddies—PreK-6th 6:00 Women's Bible Study 6:15 WOW Worship

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## Just for Kids

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#### ON THE ROAD TO EASTER WORD SEARCH

Ash Wednesday Holy Week Palm Branch

Sacrifice

Good Friday Jesus

Almsgiving

Holy Saturday Passover

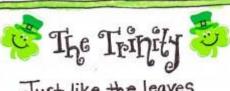
Prayer

Fasting Palm Sunday

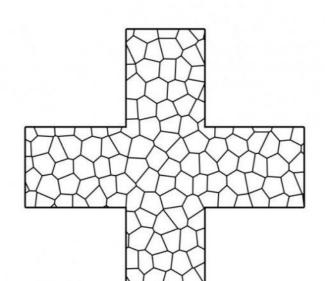
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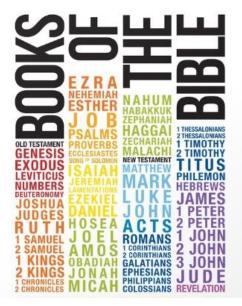


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Just like the leaves on each shamrock I see, there are three parts to the Holy Trinity. First is God the Father, then Jesus, His only Son, and the Holy Spirit together as One.





## Barnum Community United Methodist Church

#### **POSTMASTER:**

Please send address changes to:
PO Box 70, 3762 Front Street
Barnum, MN 55707
(218) 389-6876 office@barnumumc.org
www.barnumumc.org

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Join us for Holy Week Services



Palm Sunday March 24

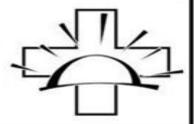
9:30 am



Easter Community Dinner March 27 6:30 pm Hisstory Movie Night March 27 6:30 pm



Maundy Thursday March 28 6:30 pm



Good Friday

March 29

6:30 pm

Easter Sunday Celebration – March 31 "Hoppy Hour" Smorgasbord 8–9:00 am "Resurrection Celebration" Service—9:30 am