The Messenger

A Community of Faith Dedicated to Spreading the Good News of Jesus Christ, Providing Spiritual Nurture to Persons of All Ages, and Reaching Out in Christian Fellowship to the Surrounding Community



$rac{ ext{November 2023}}{ ext{Volume 23--Issue 11}}$

Pastor's Column Bible Readings Church Calendar Youth Group **Bible Buddies** Faith Community Nurse United Women in Faith Women's Ministry Crossword Puzzle **Just for Kids**

Barnum Community United Methodist Church

PO Box 70, 3762 Front Street, Barnum, MN 55707 (218) 389-6876 office@barnumumc.org

Pastor: Kendall Carlson Office Hours (Mon-Fri)

Sunday Worship

- WMOZ 106.9 FM 8:00 am
- Facebook Live 9:30 am
- **Moose Lake Public Access** Channels 7 & 18 (check your TV Guide for times)

Pastor Kennection

"Singing It Again and Again"

"Count your blessings." It's an expression most of us know well. It was made famous by a great old hymn that is familiar to those who have spent any amount of time in the hymnal. This inspiring hymn of thankfulness to God makes a wonderful meditation for a quiet time during the next four weeks, which climaxes on Thanksgiving, calling us to focus on the "good things", the blessings of life.

The story behind this hymn is interesting. Johnson Oatman, Jr. grew up in New Jersey in the middle of the 19th century singing hymns with his father. His life is a testimony to the legacy of a loving father who sang praise to God with his children! Johnson grew up to become a bivocational Methodist minister and he wrote over 5,000 hymns including Count Your Many Blessings in 1897. It is considered his finest hymn and for over a century has been sung by believers of many different stripes. It's a song of thankfulness to God that is sung by people around the world on Thanksgiving Day and all year long.

One writer said about Count Your Blessings, "It is like a beam of sunlight that has brightened up the dark places of the earth." Early on, it was popular in Great Britain where it was said, "The men sing it, the boys whistle it and the women rock their babies to sleep on this hymn." During the revival in Wales it was one of the hymns sung at every service.

So, what is the magnetism of this song that does not leave us? The wonderful encouragement to "count your blessings" is often misused. It does not mean to deny you are having problems. It does not mean to ignore your troubling emotions. It does not mean, "cheer up and act as though everything is fine." What the hymn is actually encouraging us to acknowledge openly that we are "tempest-tossed" or "burdened with a load of care" and bring our concerns to God in prayer.

When we go to God with our troubles we can begin to see that we do not need to be discouraged because God is "over all". In other words we bring ourselves and our circumstances to Christ in the Kingdom of the Heavens, which He said is right "at hand" (Matthew 4:17).

To count our blessings is to appreciate, one-by-one, that we have "every spiritual blessing in Christ" (Ephesians 1:3). And genuine thanks and praise to God goes with openly unburdening ourselves before the listening ears of the "Father of compassion" and the "God of all comfort," (2 Corinthians 1:3-4).

I invite you to sometime between now and Thanksgiving Day to join me in prayerfully reading the lyrics to this hymn, letting God use it to help you count your blessings today. Ask God to make this song a beam of sunlight to brighten up any dark places in your life and inspire you to shine the light of Christ more brightly in your circle of influence.

How has God blessed you? What has He done in your life? As the hymn teaches, don't just look to God's physical blessings, but also to his *spiritual blessings*, which are eternal and are in heavenly realms for us to draw on today and even more so into eternity. As you "count your blessings" you'll find that "it will surprise you what the Lord has done." Experiencing this sense of "holy surprise" is one of the distinguishing marks that God has spoken to your heart or acted in your life in a special way.

Finally, I would encourage you to jot down as the fruit of your meditation on this hymn a thanksgiving prayer to share with family and friends sometime in this Thanksgiving season.

Counting you in the blessings of my life,

Pastor Kendall

Count Your Many Blessings

When upon life's billows you are tempest-tossed, When you are discouraged, thinking all is lost, Count your many blessings, name them one by one, And it will surprise you what the Lord has done.

Are you ever burdened with a load of care?

Does the cross seem heavy you are called to bear?

Count your many blessings, every doubt will fly,

And you will keep singing as the days go by.

When you look at others with their lands and gold, Think that Christ has promised you His wealth untold; Count your many blessings – money cannot buy Your reward in heaven, nor your home on high.

So, amid the conflict whether great or small,
Do not be discouraged, God is over all;
Count your many blessings, angels will attend,
Help and comfort give you to your journey's end.

Refrain:

Count your blessings, name them one by one, Count your blessings, see what God has done! Count your blessings, name them one by one, Count your many blessings, see what God hath done.

Pastor Appreciation Month

It was a great and fun Pastor Appreciation month!! It started off with "Stick it to the Pastor" where people wrote on sticky notes and stuck them on Pastor. Then it was off to the next Sunday where Pastor Kendall got "Flocked". His flock wrote their names on sheep and placed them all around the outside of the church. A funny poem was read to Pastor and he received a sheep card and a picture frame of the sheep card.

The last Sunday of the month everyone whose lives have been touched by Pastor lit their candle and held it up for him to see as "This Little Light of Mine" was played. Following the candle lighting, a "Thank You" video was played of Pastor Kendall thru the years and he received a thank you card from the Church as a whole.

Thank you very much Pastor Kendall!! You are very much Appreciated!!!







Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1 10:00 Holy Fika 5:15 Community Dinner 6:00 Youth Group 6:15 Bible Buddies 6:15 Women's Bible Study	2	3	4
5	6	7	8	9	10	11
Daylight Savings Ends 8:00 Radio Program WMOZ 106.9 FM 9:30 Worship Service 11:00 Adult Class	1:00 Moms in Prayer 5-8:00 Youth Group Hangout (7th-12th)	11:00 Prayer Group	10:00 Holy Fika 1:30-3:00 United Women in Faith 5:15 Community Dinner 6:00 Youth Group 6:15 Bible Buddies 6:15 Women's Bible Study		12-7 Youth Group Game Day	VETERANS DAY 10:00 Sister to Sister Time
8:00 Radio Program WMOZ 106.9 FM 9:30 Worship Service Communion Table Sunday 11:00 Adult Class	13 1:00 Moms in Prayer 6:00 Finance Mtg 6:30 Council Mtg 5-8:00 Youth Group Hangout (7th-12th)	14 11:00 Prayer Group	 15 Turkey Dinner Orders Due in to Office 10:00 Holy Fika 5:15 Community Dinner 6:00 Youth Group 6:15 Bible Buddies 6:15 Women's Bible Study 	16	17	18
19	20	21	22	23	24	25
8:00 Radio Program WMOZ 106.9 FM 9:30 Worship Service 11:00 Adult Class	1:00 Moms in Prayer 5-8:00 Youth Group Hangout (7th-12th)	11:00 Prayer Group	10:00 Holy Fika Thanksgiving Dinner 5—7:00 pm NO FAMILY NIGHT	THANKSGIVING DAY OFFICE CLOSED		
26	27	28	29	30		
8:00 Radio Program WMOZ 106.9 FM 9:30 Worship Service 11:00 Adult Class	1:00 Moms in Prayer 5-8:00 Youth Group Hangout (7th-12th)	11:00 Prayer Group	10:00 Holy Fika 5:15 Community Dinner 6:00 Youth Group 6:15 Bible Buddies 6:15 Women's Bible Study			

^{**} Schedule subject to change.



Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2
3 Advent1 Hanging of the Greens 8:00 Radio Program WMOZ 106.9 FM 9:30 Worship Service 11:00 Adult Class	4 1:00 Moms in Prayer 5-8:00 Youth Group Hangout (7th-12th)	5 11:00 Prayer Group	6 10:00 Holy Fika 5:15 Community Dinner 6:00-7:30 Youth Group (7 th -12 th) 6:15-7:30 Bible Buddies (4yrs-6 th) 6:15-7:30 Women's Bible Study 6:30 WOW Worship	7	8	9 10:00 Women's Christmas Brunch
10 Advent 2 8:00 Radio Program WMOZ 106.9 FM 9:30 Worship Service Communion Table Sunday 11:00 Adult Class	11 1:00 Moms in Prayer 6:30 Church Council Mtg 5-8:00 Youth Group Hangout (7th-12th)	12 11:00 Prayer Group	13 10:00 Holy Fika 1:30-3:00 United Women in Faith 5:15 Community Dinner 6:00-7:30 Youth Group (7 th -12 th) 6:15-7:30 Bible Buddies (4yrs-6 th) 6:15-7:30 Women's Bible Study 6:30 WOW Worship	14	15	16
17 Advent 38:00 Radio ProgramWMOZ 106.9 FM9:30 Worship Service11:00 Adult Class	1:00 Moms in Prayer 5-8:00 Youth Group Hangout (7th-12th)	19 11:00 Prayer Group	20 10:00 Holy Fika 5:15 Community Dinner 6:00-7:30 Youth Group (7 th -12 th) 6:15-7:30 Bible Buddies (4yrs-6 th) 6:15-7:30 Women's Bible Study 6:30 WOW Worship	21	22 5-9 Youth Christmas Party	23
24 Advent 4	25	26	27 10:00 Holy Fika	28	29	30
8:00 Radio Program WMOZ 106.9 FM 9:30 Worship Service 11:00 Adult Class 5:00 pm – Candlelight Serv.	CHRISTMAS DAY OFFICE CLOSED	11:00 Prayer Group	No Family Night			
8:00 Radio Program WMOZ 106.9 FM 9:30 Worship Service 11:00 Adult Class						

^{**} Schedule subject to change.

Daily Nourishment



OLD & NEW TESTAMENT

Nov 1: Jer 24-26; Titus 2 Nov 2: Jer 27-29; Titus 3 Nov 3: Jer 30-31; Philemon Nov 4: Jer 32-33; Heb 1 Nov 5: Jer 34-36; Heb 2 Nov 6: Jer 37-39; Heb 3 Nov 7: Jer 40-42; Heb 4 Nov 8: Jer 43-45; Heb 5 Nov 9: Jer 46-47; Heb 6 Nov 10: Jer 48-49; Heb 7 Nov 11: Jer 50; Heb 8 Nov 12: Jer 51-52; Heb 9 Nov 13: Lam 1-2; Heb 10:1-18 Nov 14: Lam 3-5; Heb 10:19-39 Nov 15: Ezek 1-2; Heb 11:1-19 Nov 16: Ezek 3-4; Heb 11:20-40 Nov 17: Ezek 5-7; Heb 12 Nov 18: Ezek 8-10; Heb 13 Nov 19: Ezek 11-13; James 1 Nov 20: Ezek 14-15; James 2 Nov 21: Ezek 16-17; James 3 Nov 22: Ezek 18-19; James 4 Nov 23: Ezek 20-21; James 5 Nov 24: Ezek 22-23; 1Pet 1 Nov 25: Ezek 24-26; 1Pet 2 Nov 26: Ezek 27-29: 1Pet 3 Nov 27: Ezek 30-32; 1Pet 4 Nov 28: Ezek 33-34; 1Pet 5 Nov 29: Ezek 35-36; 2Pet 1

Nov 30: Ezek 37-39; 2Pet 2

CHRONOLOGICAL

- Nov 1: Matt 20-21
- Nov 2: Luke 18:15-19:48
- Nov 3: Mark 11; John 12
- Nov 4: Matt 22; Mark 12
- Nov 5: Matt 23; Luke 20-21
- Nov 6: Mark 13
- Nov 7: Matt 24
- Nov 8: <u>Matt 25</u>
- Nov 9: Matt 26; Mark 14
- Nov 10: Luke 22; John 13
- Nov 11: <u>John 14-17</u>
- Nov 12: Matt 27; Mark 15
- Nov 13: Luke 23; John 18-19
- Nov 14: Matt 28; Mark 16
- Nov 15: Luke 24; John 20-21
- Nov 16: Acts 1-3
- Nov 17: Acts 4-6
- Nov 18: Acts 7-8
- Nov 19: Acts 9-10
- Nov 20: Acts 11-12
- Nov 21: Acts 13-14
- Nov 22: James
- Nov 23: Acts 15-16
- Nov 24: Gal 1-3
- Nov 25: Gal 4-6
- Nov 26: Acts 17-18:18
- Nov 27: 1/2Thess
- Nov 28: Acts 18:19-19:41
- Nov 29: 1Cor 1-4
- Nov 30: 1Cor 5-8



The Barnum Youth Group has wrapped up our first series of the school year. Students have been taught that We Matter, We Are Stuck, We are More than Our Mistakes and We Are Different. These truths about every person helps students see their self-worth and know that their identity can be found as a Child of God. Fall has flown by and as we look to Thanksgiving and Christmas, we are excited to share even more about how Giving Thanks for all the things that God has blessed us with can bring true joys!

Cider and Donuts a Michigan Tradition

Fall means one things to Michiganders; apple cider and donuts. I've brought that tradition with me to Barnum. This fall I supplied the Barnum High School and Elementary School with a sweet treat for their MEA in-service. And a treat for the Barnum Football Team's spaghetti meal, which takes place at the Barnum Community Church. The Barnum Youth Group enjoyed them as well. Fall also means sports. Many Barnum Youth Group students participate in sports and together the Youth Group went to many events to cheer on their friends. Go Bombers! And the Barnum Moose Lake / Willow River Cross Country Team!



Wednesday Bible Buddies For four-year-olds through sixth grade

This month, our Bible Buddies continue to learn about the parables Jesus taught to his disciples and followers. With each parable there is a Bible truth to be learned. Here are some of the parables we have read from the Bible and the lessons they teach:

- Parable of the Good Samaritan showing compassion to your neighbor
- Parable of the Pharisee & the Publican displaying a humble attitude
- Parable of the Signs of the Weather being alert to Christ's return
- Parable of the Two Debtors extending forgiveness to others

We invite all children age 4 through 6th grade to join us at 6:15 each Wednesday night. We would be so happy to see you there!!









Calling all women!







Women's Weekly Bible on Wednesday evenings.



In this Bible study Adrienne Camp leads us on a journey through the book of *Psalms*. We will watch 7 inspiring teaching videos, share in discussions, and learn from our personal study so we can say with confidence, "*As for me*, I will worship and serve the Lord no matter what." Please join this group of welcoming women as we develop new friendships and a closer walk with God. Please sign up on the Women's Ministry table.

<u>Cost:</u> \$15.00 <u>Time:</u> 6:15-7:30 pm on Wednesday evenings <u>Location:</u> Barnum Elementary



"Sister to Sister" time starting Sat. Oct. 14th

Spend the 2nd Saturday morning of each month with your sisters in Christ. We will be working through a Bible study book using the life of King Saul from 1 Samuel to show us how the "Hard Good" is a powerful path to growth as we learn to:

accept things we wish were different, cheer for someone who gets what we want, open our hearts again when they've been hurt find joy in the waiting.

show up when we want to shut down.



Our second session is entitled: Becoming God's Woman Please sign up and pick up your Bible Study Book for \$12.00

Women's Christmas Brunch, Saturday, December 9th, 9:30-

11:30 am. Speaker Lindsay May is the founder and publisher of The Truly Company, a magazine sharing gospel-centered encouragement. She is the host of The Truly Company Podcast. Lindsay will explore the theme:

Follow the Dream God Put in Your Heart.



Secret Sisters return your forms now so you can get your new assignment.

Tickets are available at the Women's Ministry table for \$10.00 each or reserve a table seating 8 for \$80.00



Wellness

November 2023 Health and Wellness Moment

"The Health Benefits of a Hug"

Praying you are all well and enjoying the first snowy days of the winter season! There are so many stressors in our day to day lives, I wanted to focus this month's topic on something positive...HUGS! What's better than a good hug when you really need one?! The interesting thing is, we need hugs more than we may realize! One study showed that social disconnection and lack of friendly affection (such as hugging) can negatively affect a person's health in ways comparable to smoking 15 cigarettes every day! People around the world are realizing the importance of hugs more and more...did you know that in some countries, being a professional hugger is an actual job? Here are some physical and emotional benefits we can share and receive, by HUGGING!

- ~Hugs lower your blood pressure! Plenty of research shows that hugging lowers our blood pressure, heart rate and stress hormones, including cortisol. One study found that getting a 20 second hug just before the stress-inducing task of public speaking lowered heart rate and both systolic and diastolic blood pressure. Another study found that women who were hugged frequently tended to have higher levels of oxytocin (known as "the cuddle hormone") and lower blood pressure.
- ~Hugs boost immunity! This is believed to be due to how hugs can reduce stress and therefore boost the immune system to fight bacteria and viruses. One study tested a group of 400 adults. They measured how many hugs these folks had per day for two weeks, and then exposed them to a common respiratory virus. They found the more hugs the participants had, the lower their risk of getting infections! Those who did get sick were less sick the more hugs they regularly gave and received.
- ~Giving a hug is good for you too! The benefits of a hug apply to both the receiver AND the giver! Yay!
- ~Are your hugs long enough? One study had participants hug for varying times (1, 5 and 10 seconds) and with different arm configurations, and they were asked to rate their mood before and after. They found that arm configuration didn't impact their hug experience, but hug duration did. An average hug lasts about 3 seconds. The 1 second hugs were the least liked. It was interesting to learn that participants really liked the 10 second hugs the best! Think about that the next time you give your loved ones a hug!
- ~Hugging yourself or a pet counts! What if you don't have people around to hug or be hugged by? It really benefits people to hug others when able, but we can also benefit from giving ourselves a hug and to hug and cuddle with pets as much as possible.
- ~In summary, hugging releases feel-good hormones, hugs strengthen our relationships and improve our psychological wellbeing, hugs help to calm us, they reduce loneliness, and they increase our self-esteem! In light of all of this data, why aren't we hugging more!!

Resources:

- "Four Significant Physical Benefits of Hugging," Lisa van Raalte, PhD.
- "Are Hugs the New Steps?" Nicole C. Kear, Lifestyle/Wellness
- "Be devoted to one another in love. Honor one another above yourselves." Romans 12:10

Prayers for peace, joy, and good health..and just a reminder..you are uniquely YOU by HIS design! Hugs! ~Jenny S., RN, BCUMC Parish Nurse

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71			+	-		72		- 13	+	1	73	2		+
74		+	-	20		75		-			76			+

ACROSS
1 brother of Cain (Gen 4:2)
5 sold your people for a pittance, gaining nothing from their (Ps 44:12)
9 the father of Abram, Nahor and Haran (Gen 11:26)
14 them farewell, saying, I must by all means keep this feast (Acts 18:21) KJV
15 Thy servant slew both the and the bear (1 Sam 17:36)
16 our enemies heard that we were of their plot (Neh 4:15)
17 a Levite who lived in a remote in the hill country (Judg 19:1)
18 I see of an almond tree (1,3) (Jer 1:11)
19 we told him according to the of these words (Gen 43:7) KJV
20 He is able to deal with those who are ignorant (Heb 5:2)
22 Go, a lookout and have him report what he sees (Isa 21:6)
24 Reuben and the children of called the altar Ed (Josh 22:34) KJV
25 As for all the hills once cultivated by the (Isaiah 7:25)
26 when they as the wounded in the streets of the city (Lam 2:12) KJV
28 But we know that when he, we shall be like him (1 John 3:2)
32 Deliver thyself as a from the hand of the hunter (Prov 6:5) KJV
34 the fame thereof was in Pharaoh's house (Gen 45:16)
35 how will anyone know what is being played (1 Cor 14:7)
38 The price for his release is to be based on the paid to a hired man (Lev 25:50)
41 a very long period of time
42 one body, and together in the promise in Christ Jesus (Eph 3:6)
45 for a and for a snare to the inhabitants of Jerusalem (Isa 8:14) KJV
46 the magicians tried to produce gnats by their secret (Ex 8:18)
48 Observe the month of and celebrate the Passover (Deut 16:1)
49 units, parts, points
51That which groweth of own accord (Lev 25:5)
53 three thousand and six hundred to them (2 Chron 2:2) KJV
55 The husband should fulfill his duty to his wife (1 Cor 7:3)
59 They shall still bring forth fruit in old (Ps 92:14)

60 to cry (Gen 21:16)

61 off the coast of Cilicia and Pamphylia, we landed at in Lycia (Acts 27:5) 62 All the birds of the air in its boughs (Ezek 31:6) 66 beans, and lentiles, and parched (2 Sam 17:28) KJV 68 Ahab son of became king of Israel (1 Kings 16:29) 70 They will on wings like eagles (Isa 40:31) 71 the furnace heated seven times hotter than (Dan 3:19) 72 Then they in his face and struck him with their fists (Matt 26:67)
73 Salvation is found in no one, for there is no other name (Acts 4:12) 74 The LORD hears the (Ps 69:33) 75 sent me from Kadesh-barnea to out the land (Josh 14:7) KJV 76 to kill (Ps 78:34)
DOWN
1 earneth wages to put it into with holes. (1,3) (Hag 1:6) KJV 2 he tore the lion apart with his hands (Judg 14:12) 3 The first home of Adam
4 a garment of hair and with a belt around his waist (2 Kings 1:8)
5 The sword is made ready for the hand of the (Ezek 21:11)
6 Jesus replied, "Foxes have holes and birds of the have nests (Matt 8:20)
7 they made fifty along the edge of the end curtain in one set (Exod 36:17) 8 for God did not her with wisdom (Job 39:17)
9 or put marks on yourselves (Lev 19:28)
10 What is the meaning of these seven lambs (Gen 21:29)
11 letting your cattle and donkeys free (Isa 32:20)
12 who made in the depths of the sea (1,4) (lsa 51:10)
13 A large of pigs was feeding on the nearby (Mark 5:11-12) 21 boys stagger under of wood (Lam 5:13)
23 Of how much punishment, suppose ye (Heb 10:29) KJV
27 Abner, the son of, Saul's uncle (1 Sam 14:50)
28 because he was looking to his reward (Heb 11:26)
29 Israel joined in worshiping the Baal of (Num 25:3)
30 Like a woman in childbirth, I cry out, I gasp and (Isa 42:14)
31 When he prophesies, his own parents will him (Zech 13:3)
33 the forest has been cut down (Zech 11:2)
36 See, the LORD has chosen Bezalel son of (Ex.35:30)
37 Bel bows down, stoops low; their idols (Isa 46:1)
39 mystery that has been kept hidden for and generations (Col 1:26)
40 "The has come," he said. "The kingdom of God is near (Mark 1:15)
43 do not be in your heart to utter anything before God (Eccl 5:2)
44 The city was kept under until the eleventh year (II Ki 25:2)
47 The woman said to him, ", give me this water (John 4:15)
50 like royal tapestry; the king is held captive by its (Song 7:5)
52 Giving an apt reply and how good is a word (Prov 15:23)
54 is grievous unto me: for all is and vexation of spirit (Eccl.2:17) KJV
55 the weasel, and the, and the tortoise after his kind (Lev 11:29)
56 Fasten cord to it (1,4) (Ex 28:37)
57 they and worshiped before the LORD (1 Sam 1:19)
58 The wise, however, took oil in jars along with their (Matt 25:4)
60 Every skilled woman with her hands (Ex.35:25)
63 it shall not be lawful to impose, tribute upon them (Ezra 7:24)
64 will live in safety and be at, without fear of harm (Prov 1:33)
65 reached for his sword, it out and struck the servant (Matt 26:51) 67 unhappy
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Join us for **Community Dinner** November 1, 8, 15, 22, 29

Family Night

5:15 Community Dinner

6:00 Youth Group 7^{th} - 12^{th}

6:15 Bible Buddies—PreK-6th

6:15 Women's Bible Study (at Barnum Elem Library)





Hanging of the Greens Service

We invite you to begin the Christmas Advent season on Sunday, December 3rd at our 9:30am worship service which will include the "Hanging of the Greens." This festive service begins as you enter the worship center and receive multiple Christmas tree decorations. We continue in worship, learning of the meaning of each of the decorations and then come and hang them on the tree as we sing the first of the seasonal Christmas carols. We will also celebrate the meaning of the Advent Wreath and the Christmas Poinsettia. A great start to a glorious season.

Everyone is welcome!!





WOW in December

We are so excited to announce the start up of a brand new ministry on Wednesday nights, WOW. This ministry has been birthed by a group of persons who spent most of last year as a study group on Wednesday nights. When the study was ending in the spring the question was raised as to what the fall should look like for adult ministry that would be inviting to persons seeking to grow and meet needs that have been unaddressed. WOW, that was a big question. But WOW, what came out of the conversation was an excited and unified idea. WOW, Worship On Wednesday. A fresh one hour approach to worshiping God midweek, 20 minutes of worship music, 20 minute message, 20 minutes of application in a table and chair setting. This worship opportunity will present an alternative in style and time for persons and will encourage more regular worship by offering two different times during the week. Our first run at this will begin the first Wednesday of December and go through Easter. Watch for more on WOW.

Table Sunday

RETURNING IN JANUARY!

WE WILL KICK IT OFF WITH

A CHILLI CONTEST.

STAY TUNED FOR DETAILS.





Moms in Prayer meets every Monday at 1:00 p.m. All women are welcome to join us.

Barnum Community Church has a brand new prayer group that meets on Mondays from 1:00-2:00 pm. The group is called Moms in Prayer. This group is for any woman who wants to help support the youth of this church in prayer. The group's goal is to pray for every young person by name from the nursery department through youth group. Prayer is, also, lifted up for young people who attend church on Sundays and might not be involved in our youth programs. In addition, ladies pray for a child from her own family each week and continue with her intercession partners to pray for each other's child for at least the next week. Each week we pray for one of the schools that children from our church attend...including our home school family.

The Moms in Prayer hour is divided into Four Steps of Prayer: Praise, Confession, Thanksgiving, and Intercession. Each prayer time begins with praising God for His characteristics using His Word. Following praise, time is allowed for each member of the group to silently ask God to reveal any areas in her own life which may not be pleasing to God. Next, time is spent in Thanksgiving for the answers to prayer. Conversationally, praying in one accord is the method of prayer that is used in Moms in Prayer groups. One accord prayer is agreeing together as directed and energized by the Holy Spirit as found in Phil 2:2—"complete my joy by being of the same mind, having the same love, being in full accord and of one mind."

As the group moves to intercession, it divides into groups of two or three. The first task is for each woman to bring a child or grandchild from her own family to be prayed over using scripture. For example: Col 1:10 "May ______(add child's name) walk in a manner worthy of the Lord, pleasing Him in all respects, bearing fruit in every good work and increasing in the knowledge of God." After this time the balance of the hour is spent praying for our children in this church. These are the kids God has given us to nurture. Fern Nichols, the founder of Moms in Prayer International, has said that she believes the ministry of prayer is the highest calling a Christian can have.



Monthly Meetings

2nd Wednesday of each month 11/8: 1:30-3:00 p.m. We will be discussing pages 64-60 in our study book. All women are welcome.

Upcoming Events:

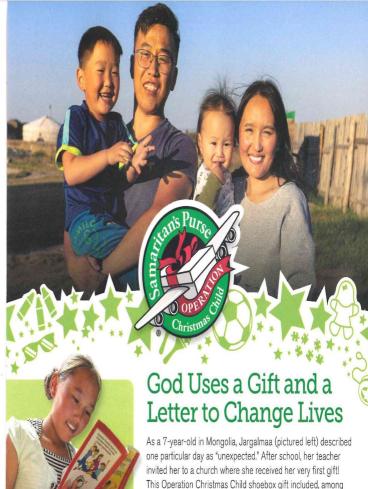
- Operation Christmas Child Shoe Boxes. The shoe boxes have to be turned in by November 13-19.
- Cookie packing is scheduled for December 13th. They go to the shut ins, members in assistive living or nursing homes, and helpers around the church.
- Thank you to all who have responded to our "Thank Offering" letter which helps us support work locally and around the world.



OPERATION CHRISTMAS CHILD is a project of Samaritan's Purse, an international relief organization. Their mission is to provide local partners around the world with shoeboxes filled with small toys, hygiene items, and school supplies as a means of reaching out to children in their communities with the Good News of Jesus Christ. These gifts are shipped outside the United States to children affected by war, poverty, natural disaster, famine, and disease, and to children living on Native American reservations in the U.S.

A table is set up in the narthex with the shoe-boxes and information about what items are allowed and not allowed. Some items not allowed are: liquid paints, glue, lip gloss, matches, seeds, rocks, shells, medications, vitamins, toothpaste, nail polish, war items, and all types of food, candy and gum. Please include a \$10.00 check for shipping for each shoebox. Make the check payable to Samaritan's Purse.

You may go online at Samaritan's Purse to learn more about this mission. Please return your shoeboxes between, November 13-19. Thank you for your support. If you have any questions, please contact Kathy Mattson.



Jargalmaa went on to participate in The Greatest Journey discipleship program where she especially appreciated the lessons about God as Creator. Later in 10th grade, she accepted Jesus as her Lord and Savior. Through her testimony, five of her family members and two close friends also made this life-changing decision.

other fun toys, stationery, and a set of hairclips. Inside, she also

found a letter that said, "You are valuable and so loved by God."

Jargalmaa cherished this message because her parents and

grandparents had never told her that they loved her.

Now15 years after receiving her shoebox gift, Jargalmaa, her husband, and two young children (pictured above) have recently moved to a new community where they are ministering to youth in hopes of starting a church.

"I would like to challenge people who are preparing shoebox gifts to also write a letter showing God's love," Jargalmaa said. "What's written there may be very simple, but those simple words could completely change somebody's life."



Just for Kids



Leaves falling from trees are a sign of autumn's arrival. Giving thanks to God is a sign of our gratitude for his many blessings.



Brighten your dinner table with these festive candle holders.

What you need:

- An adult's help
- Miniature pumpkins (palm size)
- Tea light candles
- Pencil
- Sharp knife
- Spoon

What you do:

- 1. Place a candle on top of each miniature pumpkin and trace around the candle's base.
- 2. Have an adult cut around the circle.
- 3. Scoop out the pulp and seeds.
- 4. Place a candle inside. Keep scooping, if necessary, so the candle sits inside the pumpkin nicely.
- 5. Decorate your dinner table with the pumpkins. Have an adult light the candles for you.



16:34. NIV

Barnum Community United Methodist Church

POSTMASTER:

Please send address changes to:
PO Box 70, 3762 Front Street
Barnum, MN 55707
(218) 389-6876 office@barnumumc.org
www.barnumumc.org

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